

**L-S MIDDLE SCHOOL
GIRLS' LACROSSE
GRADES 7 & 8
Spring 2012**

I. Spring Girls Middle School

- a. Practices 6:00 – 8:00 Monday, Wednesday & Thursday, Varsity Girls' Lacrosse Field beginning March 5th, weather permitting
- b. Game schedule will be distributed as made available by LAGLA
- c. There will be a mandatory fund raiser, details to be announced
- d. Head Coach Chris Biondi – email johncbiondi@comcast.net

II. Equipment

- a. Stick, goggles & mouthpiece are required
- b. Angelo's Soccer & Lacrosse Corner has packages starting at \$65

III. Registration

- a. Covers all spring games and supplies
- b. Includes team participation in spring Penn Manor Tournament
- c. Includes mandatory US Lacrosse annual membership
- d. Uniforms are provided and must be returned at the end of the season
- e. Fee is \$100

IV. Please return the attached registration form, US Lacrosse form and waiver along with your check no later than February 20th to:

**L-S Middle School Lacrosse
Attention: Karen Edmunds
115 Pebbleside Lane
Lancaster, PA 17602
717-464-2177**

Visit us at: www.lsyouthlax.com

**L-S MIDDLE SCHOOL
GIRLS' LACROSSE
GRADES 7 & 8
SPRING 2012**

PLAYERS NAME _____

ADDRESS _____

GRADE _____

FATHERS NAME _____

HOME PHONE _____ CELL PHONE _____

EMAIL _____

MOTHERS NAME _____

HOME PHONE _____ CELL PHONE _____

EMAIL _____

EMERGENCY CONTACT _____

PHONE NUMBER _____

Any physical restrictions or medications we should know about (allergies, asthma, bee stings, etc)

PLEASE RETURN THIS REGISTRATION FORM, US LACROSSE FORM AND WAIVER ALONG WITH YOUR CHECK IN THE AMOUNT OF \$100 TO:

**L-S Middle School Lacrosse
Attention: Karen Edmunds
115 Pebbleside Lane
Lancaster, PA 17602
717-464-2177**

Office use only

Total amt paid: _____

Check #: _____

Date paid: _____

WAIVER AND RELEASE OF LIABILITY

I, _____, (“Player”) certify that I am 18 years of age or older, or I must have my parents and/or legal guardians sign this form below.

I, player/parent and/or legal guardian, hereby state, claim and certify that a policy of general health insurance has been issued to cover me, or, if signed by legal guardian, the person for whom I am signing on behalf of, in the event I/he/she is/am injured in any way during my participation in L-S Youth Lacrosse (“LSYL”), to be held during the 2011 through 2012 school year, which includes pre-season, tournaments, scrimmages, regular season, practices, and post-season games.

I acknowledge that in consideration of my participation in the LSYL, I, or anyone on my behalf, including any of my family members, hereby release and covenant not to sue the LSYL, any LSYL’s sponsors, and/or individual team sponsors, LSYL’s Officers, any LSYL team captain or coaches, and any landowner on which LSYL games will be played (“Releasees”) for any negligent or wrongful act on the part on any of the Releasees, its agents or employees, that the Releasees may engage in and which may cause personal injury or wrongful death to me arising as a result of my engagement in lacrosse activities or any activities incidental thereto, wherever, whenever or however the same may occur. I hereby waive any and all claims resulting from any legal claims, both present and future, that I or anyone on my behalf, including any of my family members, may or could make against the Releasees for any lacrosse activities or any activities incidental thereto that I engage in.

I acknowledge that the LSYL will not be required to provide nor will it be responsible to provide any equipment for participants, any athletic trainers and/or medical personnel at any lacrosse contest.

I, the undersigned Player/parent and/or legal guardian, understand this waiver is intended to be as broad and inclusive as permitted by the laws of the Commonwealth of Pennsylvania and I agree that if any portion of it is invalid, the remainder of the waiver will continue in full legal force and effect.

I, the undersigned player/parent and/or legal guardian, hereby states that I am freely signing this agreement, that I have read this form and I fully understand it, and that I am giving up legal rights and/or remedies which may be available to me and/or my family.

Player: _____ Parent or Legal Guardian if above-named player is
under 18 years of age:

Name _____ Name _____

Signature _____ Signature _____

Date _____ Date _____



Member ID# (if renewing and known) _____ circle one: **Male** **Female**

Name: _____ D.O.B.: _____

Mailing address: _____

City: _____ State: _____ Zip: _____

Home phone: (____) _____ Email address: _____

* Ensure you get all benefits by maintaining a current email address.

STEP 1 - Select your membership category based on your age

- ___ Youth: 15 and under - not H.S. player\$25
- ___ High School: 18 and under.....\$35
- ___ Adult: Ages 18+.....\$50

STEP 2 - Select all categories where you participate:

(You must identify each category of participation to obtain insurance coverage for that category. There is no additional charge for multiple categories)

PLAYER

COACH (Check all that apply)

- | | |
|---|---|
| Men's | Women's |
| <input type="radio"/> Youth | <input type="radio"/> Youth |
| <input type="radio"/> HS Assistant for JV/Varsity | <input type="radio"/> HS Assistant for JV/Varsity |
| <input type="radio"/> HS JV Head Coach | <input type="radio"/> HS JV Head Coach |
| <input type="radio"/> HS Varsity Head Coach | <input type="radio"/> HS Varsity Head Coach |
| <input type="radio"/> HS Club | <input type="radio"/> HS Club |
| <input type="radio"/> College Club | <input type="radio"/> College Club |
| <input type="radio"/> College Assistant | <input type="radio"/> College Assistant |
| <input type="radio"/> College Varsity Head | <input type="radio"/> College Varsity Head |
| <input type="radio"/> Post-Collegiate Club | <input type="radio"/> Post-Collegiate Club |

*For information on becoming a CEP certified coach please visit: www.uslacrosse.org/cep.

OFFICIAL (Check all that apply)

- | | |
|---------------------------------------|----------------------------------|
| Men/Boys' | Women/Girls' |
| <input type="radio"/> Youth | <input type="radio"/> Youth |
| <input type="radio"/> High School | <input type="radio"/> Apprentice |
| <input type="radio"/> Post-Collegiate | <input type="radio"/> Local |
- If you are a college official or assignor, contact US Lacrosse for the appropriate form.
- If your umpire level is district or higher, contact US Lacrosse for the appropriate form.

Enter your District Number _____ Enter your Local Board _____

(Contact US Lacrosse if you do not know your district or board.)

All official category memberships expire 9/30, regardless of date joined.

Officials and coaches receive one rulebook complimentary and may purchase additional rulebooks at \$8 each. Please indicate number for each type:

- | | |
|---|----------------------------|
| ___ Men's NCAA | ___ Women's NCAA |
| ___ Men's HS/Youth (Federation) | ___ Women's HS/Youth (USL) |
| Total additional rulebooks purchased _____ @ \$8 each _____ | |

___ **FAN** (for members who do not participate as a player, coach or official)

Chapter Information: A portion of your dues will be paid to your local Chapter covering your zip code, unless you indicate a different Chapter here (see website for listing):

Charitable Information: Please consider a tax-deductible gift to support the growth of lacrosse nationwide!
US Lacrosse Fund \$ _____ Your total Fee \$ _____

STEP 3 - Complete your payment information

Payment Information:

- Check Enclosed (payable to US Lacrosse)
- Credit Card Card Number: _____
Expiration Date: _____ / _____
Name on Card (if different than above): _____
Address (if different than above): _____

STEP 4 - Please sign waiver to the right

ENROLLMENT FORM AND MEMBER AGREEMENT

Insurance Information

All categories except "Fan" include comprehensive secondary lacrosse insurance and must sign below. Insurance information, including claim forms, can be found on our website: www.uslacrosse.org.

Signature Required for Acceptance of Membership

In consideration of my membership in US Lacrosse, and my participation in US Lacrosse sanctioned, recognized or sponsored events ("Covered Events"), I agree to the following:

- 1. Waiver and Release:** I am fully aware of and appreciate the risks, including the risks of catastrophic injury, paralysis and even death, as well as other damages and losses, associated with participation in a lacrosse event. I agree on behalf of myself, my heirs and personal representatives, that US Lacrosse, the host organization and the sponsor or sponsors with respect to a Covered Event, together with coaches, officials, volunteers, employees, agents, officers and directors of the host organization and any such sponsors shall not be held liable for any injury, loss of life or other loss or damage as a result of my participation in a Covered Event. This Waiver & Release shall also be for the benefit of and run in favor of any youth organization that requires participants to become members of US Lacrosse as a condition to their participation in such organization's youth lacrosse events, which shall constitute Covered Events for purposes of this Waiver & Release, and any such youth lacrosse league shall constitute the host organization for such Covered Events.
- 2. Medical Attention:** I hereby give my consent to US Lacrosse and the host organization of any Covered Event to provide, through a medical staff of its choice, customary medical/athletic training attention, transportation and emergency services as warranted in the course of my participation in Covered Events.
- 3. Readiness to Compete:** I will only participate in those Covered Events in which I believe I am physically and psychologically prepared to compete.
- 4. Information Certification:** I certify that all information provided by me in this application, including without limitation my membership category, is true, accurate and complete and I understand that any untrue, inaccurate or incomplete statement or information will automatically invalidate my membership and all of the benefits of membership in US Lacrosse.
- 5. Code of Conduct:** I agree to all terms on the reverse side of this form (refers to accepted US Lacrosse/Positive Coaching Alliance Code of Conduct).

Participant Primary Medical Insurance Carrier is:

Policy Number: _____

If participant is under 18, then a parent or legal guardian of this participant must sign.

As member, or as parent or legal guardian of a member under 18, I hereby verify by my signature below that I fully understand and accept each of the above conditions.

Signature: _____

Date: _____

Printed Name of signor: _____

Membership is annual and non-refundable

We suggest you renew online for the fastest and most efficient process:
www.uslacrosse.org.

US LACROSSE

Code of Conduct

US LACROSSE AND THE POSITIVE COACHING ALLIANCE

Lacrosse is the oldest American sport. Native Americans played lacrosse centuries ago, long before our colonies were settled. Through lacrosse, Native Americans celebrated and emphasized their spiritual and cultural values.

In an effort to promote appropriate values in the modern game, US Lacrosse has partnered with the Positive Coaching Alliance to promote positive coaching and good sportsmanship for all levels of lacrosse. US Lacrosse has included the following "Lacrosse Code of Conduct" as part of its membership application to encourage and foster appropriate values in players, coaches, parents, officials and spectators. US Lacrosse believes that it should be a priority of every lacrosse player, team, program and league to "Honor the Game."

US LACROSSE CODE OF CONDUCT

Players, coaches, officials, parents and spectators are to conduct themselves in a manner that "Honors the Game" and demonstrates respect to other players, coaches, officials, parents, spectators and fans. In becoming a member of the lacrosse community an individual assumes certain obligations and responsibilities to the game of lacrosse and its participants. The essential elements in this "Code of Conduct" are HONESTY and INTEGRITY. Those who conduct themselves in a manner that reflects these elements will bring credit to the sport of lacrosse, themselves, their team and their organization. It is only through such conduct that our sport can continue to earn and maintain a positive image and make its full contribution to amateur sports in the United States and around the world. US Lacrosse supports the following behaviors for those who participate in the sport or are involved in any way with US Lacrosse. The following essential elements of the "Code of Conduct" must be followed:

- + Sportsmanship and teaching the concepts of fair play are essential to the game and must be taught at all levels and developed both at home and on the field during practices and games.
- + The value of good sportsmanship, the concepts of fair play, and the skills of the game should always be placed above winning.
- + The safety and welfare of the players are of primary importance.
- + Coaches must always be aware of the tremendous influence they have on their players. They are to strive to be positive role models in dealing with young people, as well as adults.
- + Coaches should always demonstrate positive behaviors and reinforce them to players, parents, officials and spectators alike. Players should be specifically encouraged and positively reinforced by coaches to demonstrate respect for teammates, opponents, officials and spectators.
- + Players should always demonstrate positive behavior and respect toward teammates, opponents, coaches, officials, parents and spectators.
- + Coaches, players, parents and spectators are expected to demonstrate the utmost respect for officials and reinforce that respect to players/teammates. Coaches are also expected to educate their players as to the important role of lacrosse officials and reinforce the ideal of respect for the official to players/teammates.
- + Grievances or misunderstandings between coaches, officials or any other parties involved with the sport should be communicated through the proper channels and procedures, never on or about the field of play in view of spectators or participants.
- + Officials are professionals and are therefore expected to conduct themselves as such and in a manner that demonstrates total impartiality, courtesy and fairness to all parties.
- + Spectators involved with the game must never permit anyone to openly or maliciously criticize, badger, harass or threaten an official, coach, player or opponent.
- + Coaches must be able to demonstrate a solid knowledge of the rules of lacrosse, and should adhere to the rules in both the letter and the spirit of the game.
- + Coaches should provide a basic knowledge of the rules to both players and spectators within his/her program. Attempts to manipulate rules in an effort to take unfair advantage of an opponent, or to teach deliberate unsportsmanlike conduct, is considered unacceptable conduct.
- + Eligibility requirements, at all levels of the game, must be followed. Rules and requirements such as age, previous level of participation, team transfers, etc, have been established to encourage and maximize participation, fair play and to promote safety.

For more information call: 410.235.6882 x102

To renew, choose one of the following:

Mail to: 113 West University Pkwy • Baltimore, MD 21210-3300
Fax to: 410.843.0390
Log on to: www.uslacrosse.org